

## Overview

### Useful For

Detecting toxic thallium exposure in 24-hour urine collections

### Special Instructions

- [Urine Preservatives-Collection and Transportation for 24-Hour Urine Specimens](#)
- [Metals Analysis Specimen Collection and Transport](#)

### Method Name

Inductively Coupled Plasma Mass Spectrometry (ICP-MS)

### NY State Available

Yes

## Specimen

### Specimen Type

Urine

### Necessary Information

**24-Hour volume (in milliliters) is required.**

### Specimen Required

**Patient Preparation:** High concentrations of gadolinium and iodine are known to interfere with most metal tests. If either gadolinium- or iodine-containing contrast media has been administered, **a specimen should not be collected for 96 hours.**

**Supplies:** Urine Tubes, 10 mL (T068)

**Collection Container/Tube:** Clean, plastic urine container with no metal cap or glued insert

**Submission Container/Tube:** Plastic, 10-mL urine tube or a clean, plastic aliquot container with no metal cap or glued insert

**Specimen Volume:** 10 mL

#### Collection Instructions:

1. Collect urine for 24 hours.
2. Refrigerate specimen within 4 hours of completion of 24-hour collection.
3. Aliquot 10 mL into a plastic 10-mL urine tube (T068) or a clean, plastic aliquot container with no metal cap or glued insert.
4. See [Metals Analysis Specimen Collection and Transport](#) for complete instructions.

**Additional Information:** See [Urine Preservatives-Collection and Transportation for 24-Hour Urine Specimens](#) for multiple collections.

## Urine Preservative Collection Options

**Note:** The addition of preservative or application of temperature controls **must occur within 4 hours of completion** of the collection.

Ambient (Plain)	OK
Refrigerate (Plain)	Preferred
Frozen (Plain)	OK
50% Acetic Acid	OK
Boric Acid	No
Diazolidinyl Urea	No
6M Hydrochloric Acid	OK
6M Nitric Acid	OK
Sodium Carbonate	No
Thymol	No
Toluene	No

## Specimen Minimum Volume

0.3 mL

## Reject Due To

All specimens will be evaluated at Mayo Clinic Laboratories for test suitability.

## Specimen Stability Information

Specimen Type	Temperature	Time	Special Container
Urine	Ambient	28 days	
	Refrigerated (preferred)	28 days	
	Frozen	28 days	

## Clinical & Interpretive

### Clinical Information

Thallium is odorless, tasteless, and found in trace amounts in the earth's crust. It is used in the manufacturing of electronic devices, switches, and closures. It had previously been used in rodenticides. The greatest exposure can occur from eating food (eg, fruits and vegetables) since its easily taken up by plants through the roots. Cigarette smoking is also a source of exposure. Accidental ingestion may lead to vomiting, diarrhea, and leg pains, followed by a severe and sometimes fatal sensorimotor polyneuropathy. Peripheral neuropathy may occur within 1 week of exposure, while hair loss begins and continues for several weeks. Gastrointestinal symptoms, including pain, diarrhea, and constipation have also been reported in acute ingestion, along with myalgias, pleuritic chest pain, insomnia, optic neuritis, hypertension, cardiac abnormalities, Mees lines, and liver injury. Most thallium is excreted in the urine, can be found within an hour after exposure, and can be detected as long as two months after exposure.

### Reference Values

0-17 years: Not established  
> or =18 years: <2 mcg/24 hours

**Interpretation**

Patients exposed to high doses of thallium (>1 g) present clinically with alopecia, peripheral neuropathy, seizures, and kidney failure.

Exposed patients can have urine output greater than 10 mcg/day. The long-term consequences of such an exposure are poor.

**Cautions**

No significant cautionary statements

**Clinical Reference**

1. Bank WJ, Pleasure DE, Suzuki K, Nigro M, Katz R. Thallium poisoning. *Arch Neurol.* 1972;26(5):456-464
2. Pelclova D, Urban P, Ridson P, et al. Two-year follow-up of two patients after severe thallium intoxication. *Hum Exp Toxicol.* 2009;28(5):263-272
3. Zhao G, Ding M, Zhang B, et al. Clinical manifestations and management of acute thallium poisoning. *Eur Neurol.* 2008;60(6):292-297
4. Agency for Toxic Substances and Disease Registry: Toxicological profile for thallium. US Department of Health and Human Services; July 1992. Available at [www.atsdr.cdc.gov/ToxProfiles/tp54.pdf](http://www.atsdr.cdc.gov/ToxProfiles/tp54.pdf)
5. Strathmann FG, Blum LM. Toxic elements. In: Rifai N, Chiu RWK, Young I, eds. *Tietz Textbook of Laboratory Medicine.* 7th ed. Elsevier; 2023:455.e55

**Performance****Method Description**

The metal of interest is analyzed by inductively coupled plasma mass spectrometry.(Unpublished Mayo method)

**PDF Report**

No

**Day(s) Performed**

Tuesday, Friday

**Report Available**

2 to 5 days

**Specimen Retention Time**

14 days

**Performing Laboratory Location**

Rochester

---

**Fees & Codes****Fees**

- Authorized users can sign in to [Test Prices](#) for detailed fee information.
- Clients without access to Test Prices can contact [Customer Service](#) 24 hours a day, seven days a week.
- Prospective clients should contact their account representative. For assistance, contact [Customer Service](#).

**Test Classification**

This test was developed and its performance characteristics determined by Mayo Clinic in a manner consistent with CLIA requirements. It has not been cleared or approved by the US Food and Drug Administration.

**CPT Code Information**

83018

**LOINC® Information**

Test ID	Test Order Name	Order LOINC® Value
TLU	Thallium, 24 Hr, U	5746-3

Result ID	Test Result Name	Result LOINC® Value
8603	Thallium, 24 Hr, U	5746-3
TIME2	Collection Duration	13362-9
VL12	Urine Volume	3167-4