

**Test Definition: ALB** 

Albumin, Serum

#### Overview

#### **Useful For**

Assessing nutritional status

# **Testing Algorithm**

For more information see:

Amyloidosis: Laboratory Approach to Diagnosis
Multiple Myeloma: Laboratory Screening

#### **Special Instructions**

- Amyloidosis: Laboratory Approach to Diagnosis
- Multiple Myeloma: Laboratory Screening

#### **Method Name**

Photometric, Bromcresol Green

#### **NY State Available**

No

# **Specimen**

#### Specimen Type

Serum

# **Necessary Information**

Patient's age and sex are required.

#### **Specimen Required**

**Collection Container/Tube:** 

Preferred: Serum gel
Acceptable: Red top
Specimen Volume: 0.5 mL

Submission Container/Tube: Plastic vial

**Collection Instructions:** 

- 1. Serum gel tubes should be centrifuged within 2 hours of collection.
- 2. Red-top tubes should be centrifuged, and the serum aliquoted into a plastic vial within 2 hours of collection.

#### **Forms**

If not ordering electronically, complete, print, and send a Renal Diagnostics Test Request (T830) with the specimen.

# Specimen Minimum Volume



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0.25 mL

# **Reject Due To**

Gross	Reject
hemolysis	

## **Specimen Stability Information**

Specimen Type	Temperature	Time	Special Container
Serum	Refrigerated (preferred)	150 days	
	Frozen	120 days	

# Clinical & Interpretive

#### **Clinical Information**

Albumin is a carbohydrate-free protein, which constitutes 55% to 65% of total plasma protein. It maintains oncotic plasma pressure, is involved in the transport and storage of a wide variety of ligands, and is a source of endogenous amino acids. Albumin binds and solubilizes various compounds, including bilirubin, calcium, long-chain fatty acids, toxic heavy metal ions, and numerous pharmaceuticals.

Hypoalbuminemia is caused by several factors: impaired synthesis due either to liver disease (primary) or due to diminished protein intake (secondary), increased catabolism as a result of tissue damage and inflammation, malabsorption of amino acids, and increased renal excretion (eg, nephrotic syndrome).

## **Reference Values**

> or =12 months: 3.5-5.0 g/dL

Reference values have not been established for patients who are <12 months of age.

For SI unit Reference Values, see <a href="https://www.mayocliniclabs.com/order-tests/si-unit-conversion.html">https://www.mayocliniclabs.com/order-tests/si-unit-conversion.html</a>

#### Interpretation

Hyperalbuminemia is of little diagnostic significance except in the case of dehydration. When plasma or serum albumin values fall below 2.0 g/dL, edema is usually present.

#### **Cautions**

Albumin values determined by the bromcresol green method may not be identical to the albumin values determined by electrophoresis.

# **Clinical Reference**

- 1. Tietz Textbook of Clinical Chemistry. Edited by CA Burtis, ER Ashwood. Philadelphia, WB Saunders Company, 1999
- 2. Peters T, Jr: Serum albumin. <u>In</u> The Plasma Proteins. Vol 1. Second edition. Edited by F Putnam, New York, Academic Press, 1975



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#### **Performance**

#### **Method Description**

The dye, bromcresol (BCG) green, is added to serum in an acid buffer. The color intensity of the blue-green albumin-BCG complex is directly proportional to the albumin concentration and is determined photometrically. (Package insert: Roche Albumin reagent; Roche Diagnostic Corp., Indianapolis, IN, July 1999)

#### **PDF Report**

No

## Day(s) Performed

Monday through Saturday

#### Report Available

Same day/1 to 2 days

# **Performing Laboratory Location**

Jacksonville

## **Fees & Codes**

# **Fees**

- Authorized users can sign in to <u>Test Prices</u> for detailed fee information.
- Clients without access to Test Prices can contact <u>Customer Service</u> 24 hours a day, seven days a week.
- Prospective clients should contact their account representative. For assistance, contact <u>Customer Service</u>.

#### **Test Classification**

This test has been cleared, approved, or is exempt by the US Food and Drug Administration and is used per manufacturer's instructions. Performance characteristics were verified by Mayo Clinic in a manner consistent with CLIA requirements.

# **CPT Code Information**

82040

#### **LOINC®** Information

Test ID	Test Order Name	Order LOINC® Value
ALB	Albumin, S	1751-7

Result ID	Test Result Name	Result LOINC® Value
ALB	Albumin, S	1751-7