
Overview**Method Name**

Direct RIA

NY State Available

No

Specimen**Specimen Type**

Varies

Specimen Required**Patient Preparation:**

Patient should NOT be on any ACTH, Corticosteroids, or hypertension medications, if possible, for at least 48 hours prior to collection of specimen.

Submit only one of the following:**Specimen Type:** Serum**Collection Container/Tube:** Red or SST**Submission Container/Tube:** 12x75 mm screw capped vial**Specimen Volume:** 3 mL**Collection Instructions:**

1. Draw blood in a plain, red-top or serum-gel tube(s).
2. Centrifuge immediately.
3. Send 3 mL of serum frozen in a plastic vial.

Specimen Type: Plasma**Collection Container/Tube:** EDTA**Submission Container/Tube:** 12x75 mm screw capped vial**Specimen Volume:** 3 mL**Collection Instructions:**

1. Draw blood in a lavender top (EDTA) tube(s).
2. Centrifuge immediately.
3. Send 3 mL of plasma frozen in a plastic vial.

Specimen Minimum Volume

1 mL

Reject Due To

Gross hemolysis	Reject
Gross lipemia	Reject
Gross icterus	Reject

Specimen Stability Information

Specimen Type	Temperature	Time	Special Container
Varies	Frozen (preferred)	180 days	
	Refrigerated	7 days	

Clinical & Interpretive**Clinical Information**

Endothelin I is a 21 amino acid peptide produced primarily by vascular endothelial cells. It is also produced by renal mesangial and epithelial cells. Endothelin I has potent effects on peripheral vascular resistance, renal blood flow and glomerular filtration rate. Endothelin I appears to be a mediator of hypertension and acute renal failure of hemolytic uremic syndrome. Levels of Endothelin I are increased in patients with hemolytic uremic syndrome with hypertension anuria and oligonuria. Endothelin I has potent vasoconstriction properties. Endothelin I stimulates the opposite vasodilator called Endothelium Derived Releasing Factor. Levels are also increased in trauma patients.

Reference Values

Adult Reference Range(s)

4.0-9.0 pg/mL

Performance**PDF Report**

Referral

Day(s) Performed

Monday through Friday

Report Available

12 to 16 days

Performing Laboratory Location

Inter Science Institute

Fees & Codes**Fees**

- Authorized users can sign in to [Test Prices](#) for detailed fee information.
- Clients without access to Test Prices can contact [Customer Service](#) 24 hours a day, seven days a week.
- Prospective clients should contact their account representative. For assistance, contact [Customer Service](#).

Test Classification

This test was developed and its performance characteristics determined by Inter Science Institute. Values obtained with different methods, laboratories, or kits cannot be used interchangeably with the results on this report. The results cannot be interpreted as absolute evidence of the presences or absence of malignant disease.

CPT Code Information

83519

LOINC® Information

Test ID	Test Order Name	Order LOINC® Value
FENDI	Endothelin I	Not Provided

Result ID	Test Result Name	Result LOINC® Value
FENDI	Endothelin I	49867-5