

Overview

Method Name

Quantitative Detergent Solubilization/Enzymatic

NY State Available

Yes

Specimen

Specimen Type

Serum

Specimen Required

Container/Tube:

Preferred: Serum gel tube

Acceptable: Red top tube

Specimen Volume: 1.0 mL

Collection Instructions: Draw blood in a serum gel tube(s), plain red-top tube is also acceptable. Spin down and send 1 mL of serum refrigerate.

Specimen Minimum Volume

0.5 mL

Reject Due To

Hemolysis	NA
Lipemia	NA
Icterus	NA
Other	NA

Specimen Stability Information

Specimen Type	Temperature	Time	Special Container
Serum	Refrigerated (preferred)	7 days	
	Frozen	365 days	

Clinical & Interpretive

Reference Values

Age	Desirable	Borderline	Higher Risk
0-19 years	109 mg/dL or less	110-129 mg/dL	130 mg/dL or greater
20 years and older	129 mg/dL or less (99 mg/dL or less if patient has CHD)	130-159 mg/dL	160 mg/dL or greater

Interpretation

CHD Risk Factors:

+1 Age: Men, 45 years and older

Women, 55 years and older or premature menopause without estrogen therapy

+1 Family history of premature CHD

+1 Current smoking

+1 Hypertension

+1 Diabetes mellitus

+1 Low HDL Cholesterol: 39 mg/dL or less

- 1 High HDL Cholesterol: 60 mg/dL or greater

LDL Cholesterol: Therapeutic goal

99 mg/dL or less if CHD is present (Optional 69 mg/dL or less)

129 mg/dL or less if no CHD and two or more risk factors

159 mg/dL or less if no CHD

(Circulation 2004; 110:227-39)

Performance**PDF Report**

No

Day(s) Performed

Sunday through Saturday

Report Available

1 to 5 days

Performing Laboratory Location

ARUP Laboratories

Fees & Codes**Fees**

- Authorized users can sign in to [Test Prices](#) for detailed fee information.

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- Clients without access to Test Prices can contact [Customer Service](#) 24 hours a day, seven days a week.
 - Prospective clients should contact their account representative. For assistance, contact [Customer Service](#).

CPT Code Information

83721

LOINC® Information

Test ID	Test Order Name	Order LOINC® Value
FLDLD	LDL Cholesterol, Direct	2089-1

Result ID	Test Result Name	Result LOINC® Value
FLDLD	LDL Cholesterol, Direct	2089-1