

## Overview

### Useful For

Monitoring exposure to chromium using whole blood specimens

Monitoring metallic prosthetic implant wear

### Special Instructions

- [Metals Analysis Specimen Collection and Transport](#)

### Method Name

Inductively Coupled Plasma-Mass Spectrometry (ICP-MS)

### NY State Available

Yes

## Specimen

### Specimen Type

Whole blood

### Ordering Guidance

High concentrations of gadolinium and iodine are known to interfere with most metal tests. If either gadolinium- or iodine-containing contrast media has been administered, a specimen should not be collected for 96 hours.

### Specimen Required

**Container/Tube:** Royal blue top (EDTA) Vacutainer plastic trace element blood collection tube

**Specimen Volume:** 1 mL

#### Collection Instructions:

1. See [Metals Analysis Specimen Collection and Transport](#) for complete instructions.
2. Send whole blood specimen in original tube. **Do not aliquot.**

### Specimen Minimum Volume

0.3 mL

### Reject Due To

Gross hemolysis	OK
Gross lipemia	OK
Gross icterus	OK

Microtainer	Reject
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## Specimen Stability Information

Specimen Type	Temperature	Time	Special Container
Whole blood	Refrigerated (preferred)	28 days	
	Ambient	28 days	
	Frozen	28 days	

## Clinical & Interpretive

### Clinical Information

Chromium (Cr) is a naturally occurring element widely distributed in the environment. Chromium exists in several valence states with the 3 main forms being Cr, Cr(3+), and Cr(6+). Cr(3+) is an essential trace element that enhances the action of insulin. Deficiency leads to impaired growth, reduced life span, corneal lesions, and alterations in carbohydrates, lipid, and protein metabolism.

Chromium is widely used in manufacturing processes to make various metal alloys such as stainless steel. It is also used in many consumer products including wood treated with copper dichromate, leather tanned with chromic sulfate, and metal-on-metal hip replacements.

The general population is most likely to be exposed to trace levels of chromium in the food that is eaten. Low levels of Cr(3+) occur naturally in a variety of foods, such as fruits, vegetables, nuts, beverages, and meats. The highest potential occupational exposure occurs in the metallurgy and tanning industries, where workers may be exposed to high air concentrations.

Per US Food and Drug Administration recommendations, orthopedic surgeons should consider measuring and following serial chromium concentrations in EDTA anticoagulated whole blood in symptomatic patients with metal-on-metal hip implants as part of their overall clinical evaluation. Blood Cr concentrations are likely to be increased above the reference range in patients with metallic joint prosthesis. Prosthetic devices produced by DePuy Company, Dow Corning, Howmedica, LCS, PCA, Osteonics, Richards Company, Tricon, and Whiteside typically are made of chromium, cobalt, and molybdenum. This list of products is incomplete, and these products change occasionally; see prosthesis product information for each device for composition details.

### Reference Values

0-17 years: Not established

> or =18 years: <1.0 ng/mL

### Interpretation

Results greater than the reference range indicate exposure to chromium (see Cautions about specimen collection).

Prosthesis wear is known to result in increased circulating concentration of metal ions. Increased blood trace element concentrations in the absence of corroborating clinical information do not independently predict prosthesis wear or failure.

**Cautions**

Chromium is present in the environment at 100-fold to 1000-fold higher concentration than found in biological tissues. Reports of increased blood chromium could be due to external contamination. Metal-free blood collection procedures must be followed.

**Clinical Reference**

1. Vincent JB. Elucidating a biological role for chromium at a molecular level. *Acc Chem Res.* 2000;33(7):503-510
2. [Centers for Disease Control and Prevention](#); National Institute for Occupational Safety and Health (NIOSH): Criteria for a recommended standard occupational exposure to hexavalent chromium. CDC; September 2013. Accessed October 17, 2023. Available at [www.cdc.gov/niosh/docs/2013-128/pdfs/2013\\_128.pdf](http://www.cdc.gov/niosh/docs/2013-128/pdfs/2013_128.pdf)
3. Keegan GM, Learmonth ID, Case CP. A systematic comparison of the actual, potential, and theoretical health effects of cobalt and chromium exposures from industry and surgical implants. *Crit Rev Toxicol.* 2008;38:645-674
4. Tower SS. Arthroprosthetic cobaltism: Neurological and cardiac manifestations in two patients with metal-on-metal arthroplasty: A case report. *J Bone Joint Surg Am.* 2010;92(17):2847-2851
5. US Food and Drug Administration: Information about Soft Tissue Imaging and Metal Ion Testing. FDA; Updated March 15, 2019. Accessed October 17, 2023. Available at: [www.fda.gov/MedicalDevices/ProductsandMedicalProcedures/ImplantsandProsthetics/MetalonMetalHipImplants/ucm331971.htm](http://www.fda.gov/MedicalDevices/ProductsandMedicalProcedures/ImplantsandProsthetics/MetalonMetalHipImplants/ucm331971.htm)
6. US Department of Health and Human Services, Agency for Toxic Substances and Disease Registry: Toxicology profile for chromium. HHS; September 2012. Accessed March 2, 2021. Available at [www.atsdr.cdc.gov/ToxProfiles/tp7.pdf](http://www.atsdr.cdc.gov/ToxProfiles/tp7.pdf)
7. Sodi R. Vitamins and trace elements. Rifai N, Chiu RWK, Young I, eds: *Tietz Textbook of Laboratory Medicine*. 7th ed. Elsevier; 2023:chap 39.
8. Eliaz N. Corrosion of metallic biomaterials: A review. *Materials (Basel).* 2019;12(3):407. doi:10.3390/ma12030407

**Performance****Method Description**

The metal of interest is analyzed by inductively coupled plasma mass spectrometry.(Unpublished Mayo method)

**PDF Report**

No

**Day(s) Performed**

Tuesday, Wednesday, Friday

**Report Available**

1 to 4 days

**Specimen Retention Time**

14 days

**Performing Laboratory Location**

Rochester

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**Fees & Codes****Fees**

- Authorized users can sign in to [Test Prices](#) for detailed fee information.
- Clients without access to Test Prices can contact [Customer Service](#) 24 hours a day, seven days a week.
- Prospective clients should contact their account representative. For assistance, contact [Customer Service](#).

**Test Classification**

This test was developed and its performance characteristics determined by Mayo Clinic in a manner consistent with CLIA requirements. It has not been cleared or approved by the US Food and Drug Administration.

**CPT Code Information**

82495

**LOINC® Information**

Test ID	Test Order Name	Order LOINC® Value
CRWB	Chromium, B	5619-2

Result ID	Test Result Name	Result LOINC® Value
65601	Chromium, B	5619-2