

## Overview

### Useful For

Diagnosis of Powassan virus infection.

This test **should not be used** as a screening procedure for the general population.

This test **should not be used** as a "test of cure."

### Testing Algorithm

For information see the following:

[-Meningitis/Encephalitis Panel Algorithm](#)

[-Acute Tickborne Disease Testing Algorithm](#)

### Special Instructions

- [Acute Tickborne Disease Testing Algorithm](#)
- [Meningitis/Encephalitis Panel Algorithm](#)

### Highlights

This test should be used for patients with at least 7 days of symptoms consistent with Powassan virus (POWV) infection and exposure history.

Specimens positive for POWV may require confirmatory testing by a POWV neutralization assay.

### Method Name

Enzyme-Linked Immunosorbent Assay (ELISA)

### NY State Available

Yes

## Specimen

### Specimen Type

Serum

### Ordering Guidance

For patients with less than 7 days of symptoms, the recommended testing is molecular analysis for detection of Powassan virus (POWV) RNA. Contact either a local Public Health Laboratory or the Centers for Disease Control and Prevention.

### Specimen Required

**Supplies:** Sarstedt 5 mL Aliquot Tube (T914)

**Collection Container/Tube:**

**Preferred:** Serum gel

**Acceptable:** Red top

**Submission Container/Tube:** Plastic vial

**Specimen Volume:** 0.6 mL

**Collection Instructions:** Centrifuge and aliquot serum into a plastic vial.

### Forms

If not ordering electronically, complete, print, and send [Infectious Disease Serology Test Request](#) (T916) with the specimen.

### Specimen Minimum Volume

0.5 mL

### Reject Due To

Gross hemolysis	Reject
Gross lipemia	Reject
Gross icterus	Reject
Heat inactivated specimen	Reject

### Specimen Stability Information

Specimen Type	Temperature	Time	Special Container
Serum	Refrigerated (preferred)	14 days	
	Frozen	30 days	

### Clinical & Interpretive

#### Clinical Information

Powassan virus (POWV) is an emerging tick-borne virus, harbored by *Ixodes* species ticks, which are the same ticks that transmit Lyme disease (*Borrelia* spp.), *Babesia* spp., and *Anaplasma phagocytophilum*, among other pathogens. POWV is a member of the *Flavivirus* genus, which includes other arthropod-borne viruses (arboviruses) such as West Nile virus and St. Louis encephalitis virus. Two lineages of POWV have been identified, sharing approximately 94% amino acid sequence identity, including Lineage 1, which is the prototypical POWV lineage transmitted by *Ixodes marxi* and *Ixodes cookei*, and Lineage 2, which includes deer tick virus and is transmitted by *Ixodes scapularis*. POWV is maintained in the environment in groundhogs, skunks, squirrels, and white footed mice. Unlike other tick-borne pathogens, following tick attachment to a host, POWV can be transmitted in as little as 15 minutes.

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Following infection, the incubation period can last anywhere from 4 to 14 days, after which approximately 66% of patients will remain asymptomatic. Symptomatic patients may present with a nonspecific influenza-like illness, including high fever, fatigue, malaise, and myalgia. Approximately 30% of symptomatic patients will progress to develop neurologic manifestations, most commonly encephalitis. While some patients may recover, over 50% of individuals will have persistent neurologic sequelae. POWV has been associated with an overall mortality rate of 10%. Although there is no targeted antiviral therapy and treatment is entirely supportive care, diagnosis is important for a number of reasons, including the ability to discontinue empiric antibiotics and to provide prognostic information for patients and families.

**Reference Values**

Negative

Reference values apply to all ages.

**Interpretation**

Negative:

No antibodies to Powassan virus detected. Negative results may occur in samples collected too soon following infection, prior to the development of a robust immune response, or in immunocompromised patients.

Positive:

Antibodies to Powassan virus detected. Confirmatory testing through a local public health laboratory and/or the Centers for Disease Control and Prevention is recommended. False positive results may occur in patients with current or prior infection with other flaviviruses (West Nile virus, Zika virus, dengue virus, etc).

**Cautions**

False-negative results may occur in severely immunosuppressed individuals who are unable to mount a detectable humoral immune response. False-negative results may also occur in samples collected too soon following infection (<7 days post-symptom onset).

False-positive results may occur in patients with prior or current infection with other flaviviruses. Contact your local public health laboratory to determine whether confirmatory testing via a neutralization assay is required or recommended.

This test should not be used as a "test of cure" as antibodies to Powassan virus (POWV) may persist for months to years after resolution of the infection.

This test should be ordered in patients with suspected, symptomatic disease who have had recent exposure to ticks in geographic regions endemic for POWV, including Minnesota, Wisconsin, and the northeast United States. POWV is also prevalent in ticks in Russia and certain regions of Asia.

False-positive results may occur in patients screened for POWV who are not at sufficient risk or do not have an exposure history to suggest infection.

**Clinical Reference**

1. Centers for Disease Control and Prevention, National Center for Emerging and Zoonotic Infectious Diseases (NCEZID), Division of Vector-Borne Diseases (DVBD): Powassan virus disease. CDC; Updated January 10, 2019. Available at [www.cdc.gov/ticks/tickbornediseases/powassan.html](http://www.cdc.gov/ticks/tickbornediseases/powassan.html)

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2. Kemenesi G, Banyai K: Tick-borne Flaviviruses, with a focus on Powassan virus. *Clinical Microbiology Reviews*. 2019;32(1):e00106-00117

## Performance

### Method Description

The test uses microtiter strips, each with 8 break-off reagent wells coated with recombinant Powassan virus antigens. In the first reaction step, diluted patient samples are incubated in the wells. In the case of positive samples, specific IgM (also IgA and IgG) antibodies will bind to the antigens. To detect the bound antibodies, a second incubation is carried out using an enzyme-labelled anti-human IgM (enzyme conjugate) catalyzing a color reaction. (Unpublished Mayo method)

### PDF Report

No

### Day(s) Performed

Tuesday, Thursday

### Report Available

Same day/1 to 4 days

### Specimen Retention Time

14 days

### Performing Laboratory Location

Rochester

## Fees & Codes

### Fees

- Authorized users can sign in to [Test Prices](#) for detailed fee information.
- Clients without access to Test Prices can contact [Customer Service](#) 24 hours a day, seven days a week.
- Prospective clients should contact their account representative. For assistance, contact [Customer Service](#).

### Test Classification

This test was developed and its performance characteristics determined by Mayo Clinic in a manner consistent with CLIA requirements. It has not been cleared or approved by the US Food and Drug Administration.

### CPT Code Information

86790

### LOINC® Information

## Test Definition: POWV

Powassan Virus, IgM, Enzyme-Linked  
Immunosorbent Assay, Serum

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Test ID	Test Order Name	Order LOINC® Value
POWV	Powassan Virus, IgM, ELISA, S	29855-4

Result ID	Test Result Name	Result LOINC® Value
POWV	Powassan Virus, IgM, ELISA, S	29855-4