

## Overview

### Useful For

Diagnosing congenital alpha-2 plasmin inhibitor deficiencies (rare)

Providing a complete assessment of disseminated intravascular coagulation, intravascular coagulation and fibrinolysis, or hyperfibrinolysis (primary fibrinolysis), when measured in conjunction with fibrinogen, fibrin D-dimer, fibrin degradation products, soluble fibrin monomer complex, and plasminogen

Evaluating liver disease

Evaluating the effects of fibrinolytic or antifibrinolytic therapy

### Special Instructions

- [Coagulation Guidelines for Specimen Handling and Processing](#)

### Method Name

Chromogenic

### NY State Available

Yes

## Specimen

### Specimen Type

Plasma Na Cit

### Specimen Required

**Specimen Type:** Platelet-poor plasma

**Collection Container/Tube:** Light-blue top (3.2% sodium citrate)

**Submission Container/Tube:** Plastic vial

**Specimen Volume:** 1 mL

#### Collection Instructions:

1. For complete instructions, see [Coagulation Guidelines for Specimen Handling and Processing](#).
2. Centrifuge, transfer all plasma into a plastic vial, and centrifuge plasma again.
3. Aliquot plasma into a plastic vial leaving 0.25 mL in the bottom of centrifuged vial.
4. Freeze plasma immediately (no longer than 4 hours after collection) at -20 degrees C or, ideally, -40 degrees C or below.

#### Additional Information:

1. Double-centrifuged specimen is critical for accurate results as platelet contamination may cause spurious results.
2. Each coagulation assay requested should have its own vial.

**Forms**

If not ordering electronically, complete, print, and send a [Coagulation Test Request](#) (T753) with the specimen.

**Specimen Minimum Volume**

0.5 mL

**Reject Due To**

Gross hemolysis	Reject
Gross lipemia	Reject
Gross icterus	Reject

**Specimen Stability Information**

Specimen Type	Temperature	Time	Special Container
Plasma Na Cit	Frozen	14 days	

**Clinical & Interpretive****Clinical Information**

Alpha-2 plasmin inhibitor (antiplasmin) is synthesized in the liver with a biological half-life of approximately 3 days. It inactivates plasmin, the primary fibrinolytic enzyme responsible for remodeling the fibrin thrombus, and binds fibrin together with factor XIIIa making the clot more difficult to lyse. Absence of alpha-2 plasmin inhibitor results in uncontrolled plasmin-mediated breakdown of the fibrin clot and is associated with increased risk of bleeding.

**Reference Values**

Adults: 80-140%

Normal, full-term, and premature infants may have mildly decreased levels (> or =50%) that reach adult levels within 90 days postnatal.\*

\*See Pediatric Hemostasis References section in [Coagulation Guidelines for Specimen Handling and Processing](#).

**Interpretation**

Patients with congenital homozygous deficiency (with levels of <10%) are clinically affected (bleeding). Heterozygous individuals having levels of 30% to 60% of mean normal activity are usually asymptomatic.

Lower than normal levels may be suggestive of consumption due to activation of plasminogen and its inhibition by alpha-2 plasmin inhibitor.

The clinical significance of high levels of alpha-2 plasmin inhibitor is unknown.

**Cautions**

Alpha-2 plasmin inhibitor results are potentially affected by the following:

-Heparin, unfractionated or low-molecular-weight >4 U/mL

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- Alpha-2-macroglobulin >7 mg/mL; potentially leading to a falsely increased result
  - Hemoglobin >200 mg/dL
  - Bilirubin >20 mg/dL
  - Triglycerides >1000 mg/dL

**Clinical Reference**

1. Lijnen HR, Collen D. Congenital and acquired deficiencies of components of the fibrinolytic system and their relation to bleeding or thrombosis. *Blood Coagul Fibrinolysis*. 1989;3(2):67-77. doi:10.1016/0268-9499(89)90034-9
2. Francis RB Jr. Clinical disorders of fibrinolysis: A critical review. *Blut*. 1989;59(1):1-14
3. Aoki N. Hemostasis associated with abnormalities of fibrinolysis. *Blood Rev*. 1989;3(1):11-17
4. Singh S, Saleem S, Reed GL. Alpha2-antiplasmin: The devil you don't know in cerebrovascular and cardiovascular disease. *Front Cardiovasc Med*. 2020;7:608899

**Performance****Method Description**

This assay is performed using the HemosIL Plasmin Inhibitor Kit on the Instrumentation Laboratory ACL TOP Family. Patient plasma, containing alpha-2 plasmin inhibitor, is mixed with reagent containing excess plasmin. Plasmin activity in the reagent is rapidly inhibited by alpha-2 plasmin inhibitor. Residual plasmin activity is then measured using an amidolytic activity assay, in which residual plasmin lyses a synthetic chromogenic substrate and subsequently releases para-nitroaniline (detected at 405 nm) to a level that is inversely proportional to the amount of alpha-2 plasmin inhibitor in the sample. (Teger-Nilsson AC, Friberger P, Gyzander E. Determination of a new rapid plasmin inhibitor in human blood by means of a plasmin specific tripeptide substrate. *Scand J Clin Lab Invest*. 1977;37(5):403-409; package insert: HemosIL Plasmin Inhibitor. Instrumentation Laboratory; 11/2019)

**PDF Report**

No

**Day(s) Performed**

Monday through Friday

**Report Available**

3 to 7 days

**Specimen Retention Time**

7 days

**Performing Laboratory Location**

Rochester

**Fees & Codes**

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**Fees**

- Authorized users can sign in to [Test Prices](#) for detailed fee information.
- Clients without access to Test Prices can contact [Customer Service](#) 24 hours a day, seven days a week.
- Prospective clients should contact their account representative. For assistance, contact [Customer Service](#).

**Test Classification**

This test has been modified from the manufacturer's instructions. Its performance characteristics were determined by Mayo Clinic in a manner consistent with CLIA requirements. This test has not been cleared or approved by the US Food and Drug Administration.

**CPT Code Information**

85410

**LOINC® Information**

Test ID	Test Order Name	Order LOINC® Value
A2PI	Alpha-2 Plasmin Inhibitor, P	27810-1

Result ID	Test Result Name	Result LOINC® Value
A2PI	Alpha-2 Plasmin Inhibitor, P	27810-1