

# Hereditary Cardiomyopathies and Arrhythmias: Patient Information

**Instructions:** Accurate interpretation and reporting of genetic results is contingent upon the reason for testing, clinical information, ethnic background/ancestry, and family history. To help provide the best possible service, supply the information requested below and **send paperwork with the specimen or return by fax to Mayo Clinic Laboratories, Attn: Molecular Technologies Laboratory Genetic Counselors at 507-284-1759. Phone: 800-533-1710 / International clients: +1-507-266-5700 or email [MLIINT@mayo.edu](mailto:MLIINT@mayo.edu)**

## Patient Information

Patient Name (Last, First Middle)		Birth Date (mm-dd-yyyy)
Sex Assigned at Birth <input type="checkbox"/> Male <input type="checkbox"/> Female <input type="checkbox"/> Unknown <input type="checkbox"/> Choose not to disclose	Legal/Administrative Sex <input type="checkbox"/> Male <input type="checkbox"/> Female <input type="checkbox"/> Nonbinary	

## Referring Healthcare Professional Information

Referring Healthcare Professional Name (Last, First)	Phone	Fax*
Genetic Counselor/Other Healthcare Professional Name (Last, First)	Phone	Fax*

\*Fax number given must be from a fax machine that complies with applicable HIPAA regulations.

Is this a postmortem specimen?  Yes  No If "Yes," attach autopsy report if available.

## Reason for Testing

 Check all that apply.

Diagnosis  Family history\*\*  Sudden death

\*\*Genetic testing should be performed on an affected family member first, when possible. FMTT / Familial Variant, Targeted Testing should be ordered when there is a previous positive genetic test result in the family.

## Clinical History

 Attach medical records/diagnostic tests.

Diagnosis

Is this patient affected by one or more of the following?  Yes  No If "Yes," check all that apply:

HCM  DCM  ARVC  LVNC  Other cardiomyopathy: \_\_\_\_\_

CPVT  Brugada  Long QT  Other arrhythmia: \_\_\_\_\_

Other: \_\_\_\_\_

Age at diagnosis: \_\_\_\_\_

Has patient had:

Sudden cardiac arrest  Yes  No Describe: \_\_\_\_\_

Sudden cardiac death  Yes  No Describe: \_\_\_\_\_

Syncope  Yes  No Describe: \_\_\_\_\_

ARVC: RV fatty infiltration  Yes  No

Arrhythmia: Maximum QTc interval \_\_\_\_\_ msec

Conduction system disease  Yes  No Describe: \_\_\_\_\_

Cardiomyopathy:

LV hypertrophy  Yes  No Maximum LV wall thickness \_\_\_\_\_ mm

LV Dilation  Yes  No LV internal diameter, diastole \_\_\_\_\_ mm

Ejection fraction \_\_\_\_\_%

Other Relevant Information

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

# Hereditary Cardiomyopathies and Arrhythmias: Patient Information (continued)

## Patient Information (required)

Patient Name (Last, First Middle)	Patient ID (Medical Record Number)
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## Family History

Are there similarly affected relatives? <input type="checkbox"/> Yes <input type="checkbox"/> No If "Yes," indicate relationship and symptoms: _____
Have any family member had genetic testing? <input type="checkbox"/> Yes*** <input type="checkbox"/> No <input type="checkbox"/> Unknown <b>***FMTT / Familial Variant, Targeted Testing should be ordered when there is a previous positive genetic test result in the family. Contact the lab for ordering assistance.</b>
History of consanguinity: <input type="checkbox"/> No <input type="checkbox"/> Yes; relationship details: _____

## Ancestry

<input type="checkbox"/> African American	<input type="checkbox"/> East Asian	<input type="checkbox"/> Latinx/Latine	<input type="checkbox"/> South Asian	<input type="checkbox"/> Choose not to disclose
<input type="checkbox"/> Ashkenazi Jewish	<input type="checkbox"/> European	<input type="checkbox"/> Middle Eastern	<input type="checkbox"/> None of the above	<input type="checkbox"/> Unknown

**New York State Patients: Informed Consent for Genetic Testing is required.** See Informed Consent for Genetic Testing (T576), Informed Consent for Genetic Testing – Spanish (T826), or Informed Consent for Genetic Testing for Deceased Individuals (T782).